

CURRICULUM VITAE

Dr. B. Lynn Morrison Williams

WEBSITE: www.yourmindhealth.com

EDUCATION

- December 13, 2013 *Post-Master's Certificate Awarded as a Family Psychiatric Nurse Practitioner*
University of South Alabama in Mobile, Alabama
Awarded the "Excellence in Nursing" Award at the Convocation
- August 2009 - May 2010 *Part-time Family Psychiatric Nurse Practitioner Student*
University of South Alabama in Mobile, Alabama
- September 2005 *Doctor of Psychology* in Clinical Psychology
Florida Institute of Technology
- October 1998 *Master of Science in Clinical Psychology*
Florida Institute of Technology
Thesis: MCMI-III Profiles of Combat Veterans: Predictors of Marital and Familial Impairment
- August 1976 *Master of Science* in Nursing
Medical College of Georgia
Major Emphasis was on Critical Care Nursing and Nursing Education.
Thesis : The Psychological Aspects of a Myocardial Infarction
- May 1973 *Bachelor of Science* in Nursing
University of Kentucky

CLINICAL EXPERIENCE

- October 2008 - Present *Opened Private Practice as a Clinical Health Psychologist and a Board Certified Family Psychiatric Nurse Practitioner under the name: Mind Health, a professional limited liability corporation*
- Nov. 2015 – Present *Telepsychiatry with Various Iowa Agencies*
Telepsychiatry – Psych Evaluations and Medication Management with children and adolescents
- April 2016-June 2017 *SequelCare* in Vero Beach, FL seeing children and adolescents for Psychiatric Evaluations and Medication Management
- March 2016- June 2017 *Mental Health Association* in Vero Beach, FL seeing all ages for Psychiatric and Psychological Evaluations and Medication Management
- January 2015 – June 2, 2016 *New Horizons of the Treasure Coast, Inc.*
Medication management and Psychiatric Evaluations
At the local county jail 4 hours a week
- June 2014 – Nov.2015 *AZ Mental Health Agencies*
Telepsychiatry – Psych Evals and Medication Management with minors

May 1, 2014 - December 31, 2014 ***New Horizons of the Treasure Coast, Inc.***
Vero Beach Adult Outpatient Clinic – Medication Management and Psych Evals
Working 2-3 days a week

September 2011 - October 2013 ***New Horizons of the Treasure Coast, Inc.***
Clinical Practicum's for Post-Master's Certificate as a Family Psych NP
600 Clinical Hours – 275 Child and Adolescent Inpatient Unit
325 Adult Outpatient Units

June 2008 – August 31, 2008 ***Private Practice Patients***
Provided private psychotherapy sessions to patients while awaiting licensure in Florida, and while under supervision.

September 2005- September 2006 ***Hazelden Foundation Post-Doc Fellowship***

August 2004 – August 2005 ***American Psychological Association Accredited Internship***
Hazelden Foundation

January 2004 – May 2004 ***Center for Emotional and Behavioral Health***
Indian River Memorial Hospital

August 2003 – December 2003 ***Center for Emotional and Behavioral Health***
Indian River Memorial Hospital

August 1998 – October 1998 ***Patrick Air Force Base Mental Health Unit***
Cocoa Beach, FL

June 1998- October 1998 ***Wuesthoff Hospital (Psychiatric Services)***

May 1998- August 1998 ***The Women's Center of South Brevard***
Melbourne, FL

August 1997 – May 1998 ***Counseling and Psychological Services***
Florida Institute of Technology
Melbourne, FL

RELATED CLINICAL EXPERIENCE and HOSPITAL AFFILIATIONS

June 9, 2015 - Present ***Florida Center for Nursing Board of Directors***
Appointed by Governor Scott of Florida

December 2009 - December 2016 ***Credentialed Staff Member at Palm Bay Hospital***

July 2009 – December 2016 ***Credentialed Staff Member of Indian River Medical Center***

July 2009 – 2010 ***Health Blog Writer and Host for VeroNews.Com***

March 2009 – Present ***Bariatric Team Psychologist for Patrick Domkowski, M.D., at Sebastian Medical Center*** – credentialed as a staff member for seeing bariatric surgery patients

March 2009 - 2014 ***Bariatric Support Group Facilitator and/or Guest Facilitator***
Sebastian River Medical Center

September 2008 -2010 ***Health Column Writer for VeroBeach32963 newspaper***

August 2007-Present ***Bariatric Support Group Facilitator***
Indian River Medical Center

January 2003- ***Psychiatric Registered Nurse***

September 2003 Simi Valley Behavioral Health Unit

April 1998 ***Annual Florida Vietnam Veterans Reunion and Moving Wall***
Brevard County Chapter

January 1998 – June 1998 ***Wives of Vietnam Veterans Support Group***
Florida Institute of Technology

August 1995 – July 1996 ***Food Addiction Hotline Counselor***
Florida Institute of Technology

1974 – 1988 ***Registered Nurse***
Worked intermittently as a registered nurse primarily on Cardiac Care Units and Intensive Care Units.

RESEARCH EXPERIENCE

May 1997- July 1998 ***MS Master's Thesis***
MCMII-III Profiles of Combat Veterans: Predictors of Marital and Familial Impairment
Florida Institute of Technology
Completed: July 1998
Chairperson: Richard Elmore, Jr., Ph.D.
The purpose of this study was to investigate the relationship among the four MCMII-III scales: Avoidant, Antisocial, Passive-Aggressive and Post-Traumatic Stress Disorder, and their relationship to the levels of Marital and Familial Impairment in male Vietnam combat veterans. The levels of Marital and Familial Impairment were obtained through the use of the Functional Impairment Scale and self-report. Multiple regression analyses were used to identify a predictive quality between the MCMII-III and Marital or Familial Impairment. Additional analysis was performed to identify a correlation between the veteran experiencing impairment in one domain of his life and any functional impairment in other areas of his life.

August 1995- February 1996 ***Research Assistant***
Florida Institute of Technology - MSN Thesis
Supervisor: Frank Webbe, Ph.D. for Deborah Russo, third – year Psy.D. student's Thesis: **“Characteristics that Differentiate Binge-**

Eating Disorders from Bulimia and Obese Non-Binge Eating.”

May 1976

The Psychological Aspects of a Myocardial Infarction
Medical College of Georgia
Augusta, GA

The purpose of this study was to identify the psychological aspects of a myocardial infarction (MI) in post-MI patients. Stress level management and cognitive thinking processes were examined as to their role in the pre and post MI patient.

TEACHING AND SUPERVISORY EXPERIENCE

October 2014

Understanding Binge Eating and Compulsive Overeating
Presented by the Mental Health Association of Indian River County
To Health Care Professionals for CEU Credit
IRSC Richardson Center on 10/03/2014

Spring 2010

Colloquium Power Point and Teaching Presentation on the Pre-Surgical Psychological Assessment of Bariatric Surgery Patients
Florida Institute of Technology
Clinical Psychology Doctoral Program
Melbourne, FL

January 2005 –
May 2006

Co-Supervisor for Master’s Degree students in an accredited Chemical Dependency Program

January 1998-
May 1998

Teaching Assistant for Graduate Clinical Skills I
Florida Institute of Technology

January, 1989 -
July, 1989

Assistant Professor: Registered Nurse Associate Degree Program
Indian River Community College
Primary focus was on cardiac and respiratory nursing

April, 1977 –
July, 1979

Assistant Professor/ Program Director: EMT and Paramedic Program
Indian River Community College

January, 1977-
May 1977

Clinical Nursing Instructor at Cape Canaveral Hospital
Brevard Community College
Cocoa, FL
Medical - Surgical Nursing

January, 1975 –
June, 1976

Nursing Instructor: BSN Program
Eastern Kentucky University
Taught third-year nursing students Medical- Surgical Nursing.

VOLUNTEER EXPERIENCE

1993-1995

Indian River Education Foundation, Inc.
Vero Beach, Florida

1995

Center for Emotional and Behavioral Health

- Indian River Hospital
Vero Beach, FL
- 1990 – 1994 ***Visiting Nurse Association, Inc.***
Vero Beach, Florida
Active Board member
- 1990 – 1993 ***Hospice of Indian River County, Inc.***
Active Board member
- 1993 ***Indian River County Junior League***
Provided supportive counseling to Vero Beach High School “at risk” students.
- 1976 – 1977 ***Emergency Medical Technician***
Vero Beach, Florida

PRESENTATIONS

- April – 2011 ***Psychological Assessment of the Bariatric Surgery Patient***
Florida Institute of Technology – Colloquim Speaker
- April 1998 ***Substance Abuse on the College Campus***
Florida Institute of Technology
- March 1997 ***Eating Disorders***
Florida Institute of Technology
- November 1997 ***Careers in Psychology***
St. Edward’s High School

SEMINARS AND ADDITIONAL TRAINING

- Neuroscience Education Institute 12th Annual Psychopharmacology Conference and Pre-Conference***
Colorado Springs, CO in November 2016
- Massachusetts General Child and Adolescent PsychoPharmacology Conference***
Boston, MA March 4-6, 2016
- Neuroscience Education Institute 11th Annual Psychopharmacology Conference and Pre-Conference***
Orlando, FL in November 2015
- American Academy of Child and Adolescent Psychiatry Psychopharmacology Conference***
Brooklyn, NY in January 2015
- NEI 10th Annual Psychopharmacology Conference and Pre-Conference***
Colorado Springs, CO in November 2014
- Psychiatric and Mental Health Congress Annual Conference***
Orlando, FL – September 2014

*American Academy of Child and Adolescent Psychiatry
60th Annual Conference
Orlando, FL - October 2013*

*Bariatric Summit
Amelia Island, FL – September 2009*

Florida Psychological Association Convention
Maintaining Ethical Integrity and Minimizing Risk in Challenging Times
Manalapan, FL July 2009

American Society for Metabolic and Bariatric Surgery Conference
*Master's Certification in Behavioral Health Assessment of Bariatric Surgery
Patients*
Dallas, TX
June 2009

Obesity: A Scientific Update
Melbourne, FL February 2009

Neuropsychological Deficits in Substance Dependency Disorders

Attachment Disorder, Neglect, and Addiction

Integration of Twelve Steps with Mental Health Practice

*Adolescent Development: Normal and Delayed, Distorted or Aborted by
Alcohol and Other Drugs*

Methamphetamine - Current Issues, Trends, and Stories of Hope

*American Holistic Medical Association and American Holistic Nursing
Association Conference in Minneapolis, MN.*

Eye Movement Desensitization Reprocessing (EMDR)
Certification for EMDR Level Two

Eye Movement Desensitization Reprocessing (EMDR)
Certification for EMDR Level One

Eye Movement Desensitization Reprocessing (EMDR)
Florida Institute of Technology
Full Semester Course

Advances in Ego-State Therapy
Florida Institute of Technology

Post Traumatic Stress Disorder in Combat Veterans
Florida Institute of Technology

Advanced Treatment of Eating Disorders

Florida Institute of Technology

Eating Disorders: A Feminist Perspective

Florida Institute of Technology

Colloquium at

Florida Institute of Technology:

Selected Topics Included:

- **Counseling and HIV Patients**
- **Correctional Psychology**
- **Supervision: The Supervisor's Emotional Reaction**
- **Clinical Hypnosis**
- **The Role of the Psychologist in the Physical Rehabilitation Setting;**
- **The Role of the Psychologist in Treating Persons with AIDS**
- **Impaired Professionals**
- **Update on Alzheimer's Treatment and Research**
- **Living with the Chronically Ill Person: Supports Needed from Mental Health Practitioners from a Family Perspective**
- **Sexual Problems in Children and Adolescents**
- **Working with the Gay and Lesbian Population**
- **Graduate Psychology Education: An Experiential Look at Biases**
- **Working with Underserved Populations**
- **Serving the Underserved: Through Community Based Agencies**

PROFESSIONAL AFFILIATIONS

Florida Nurses Association
American Nurses Association
American Psychiatric Nurses Association
Florida Association of Nurse Practitioners

LICENSURE AND CERTIFICATIONS

ANCC Board Certification as a (Family) Psychiatric – Mental Health Nurse Practitioner (#2013017875) – expiration 02/13/2019

Florida Licensed Psychologist (PY7808) – expiration 05/31/2018

Florida Advanced Practice Registered Nurse (ARNP -714562) – expiration 04/30/2018

Arizona Family Psychiatric Nurse Practitioner (AP5491) – Expiration – 04/01/2018

Washington ARNP License (AP 60456293) – Expiration – 05/11/2019

California Licensed Registered Nurse (556130) – expiration 06/30/2019

California Nurse Practitioner Furnishing Number 95000620 – Expiration 06/30/2019

Iowa ARNP License: G1411742 Expiration – 05/15/2018

Iowa RN License: 141742 Expiration – 05/15/2018

Active DEA# in Iowa and Florida for Schedule II-V

